



MEDIA RELEASE

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### ***Fish Today for Tomorrow clinics in Albany***

**Children from Albany and surrounding areas will have fun and learn new skills at the free Albany Recfishwest SunSmart Fishing Clinic on Wednesday January 22.**

Recfishwest has been facilitating the community fishing clinic program for several years now and this Recfishwest SunSmart Fishing clinic is proudly sponsored by Healthway, promoting the SunSmart message.

Recfishwest chief executive officer Andrew Rowland said the free fishing clinics educate children about sustainable fishing practices including casting techniques, selection of bait, general rigging, recognition of fish species, catch and release techniques and aquatic conversation.

“This year’s Albany Recfishwest SunSmart Fishing Clinic program will be available to both local children and those from surrounding areas holidaying in Albany,” Dr Rowland said.

“The Recfishwest SunSmart Fishing Clinics are extremely popular in this region. Everyone gets something positive out of learning how to appreciate our aquatic resources and becoming a better fisher.”

The fishing clinic will be held on Wednesday January 22 at the Albany boating and Offshore Fishing Club, Emu Point Club Room from 9am until 11am followed by a barbecue lunch.

Students are taught about personal safety and the importance of being SunSmart as well as caring for their catch and current rules and regulations.

Dr Rowland said the fishing clinics encouraged young people to be active and make new friends while engaging in an enjoyable activity, plus there are prizes and giveaways throughout the day.

“Fishing is a fun activity that helps to provide positive life skills such as creative decision making, problem solving, goal setting and patience.”

Places are limited and bookings can be made through the local community resources centre by phoning Andrew Jarvis: 0427223 959 or Morris Wilkinson: 0427428096.

For more information on Recfishwest visit [www.recfishwest.org.au](http://www.recfishwest.org.au) or phone 9246 3366.

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